30 DAILY MEDITATIONS TO STRENGTHEN YOUR FAITH



WWW.SHADEAKINBIYI.COM

There are more Scriptures about being thankful than any other topic in the Bible. There is a reason for this. We live in a very negative world. At the very first sign of trouble it is easier to get discouraged and be miserable than to be happy.

But having an attitude of thankfulness changes how we see things.and affects our mood in a positive way. What is important is not the situation but how we respond in faith to what we know about God.

If we focus on the problem we can get discouraged but if we focus on God we see God with whom nothing is impossible! As Believers in Christ we have been made victorious above all the circumstances of this world. God can turn what looks impossible around for good.

What are you expecting from God? I want to encourage you. Don't focus on your circumstances or feelings. Don't get caught up with discouragement or complaining. Never forget that words are powerful in the realm of the spirit.

Remember the children of Israel in Numbers Chapter 13 saw themselves as grasshoppers and said they could not enter the promise land and they didn't. But Joshua and Caleb said they were able to possess the land and they did!

The Bible says, "Without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him." (Hebrews 11:6).

Instead of doubting God, believe you are going to see the goodness of God. Everyday be conscious of the kind of thoughts you allow in your mind and what you are speaking about your situation.

Use this resource to meditate and speak the promises of God. Everyday be bold with your confession of faith. Boldly declare, "This is going to be a good day because God has good things planned for me!".

Trust that God can turn things around for your benefit. Expect to see His goodness even today!

MEDITATION AND DECLARATION OF FAITH

1

THE LORD IS MY ROCK AND MY FORTRESS AND MY DELIVERER; MY GOD, MY STRENGTH, IN WHOM I WILL TRUST; MY SHIELD AND THE HORN OF MY SALVATION, MY STRONGHOLD. [PSALM 18:2]

God is my rock. He surrounds me with protection and supplies all my needs.

2

I WILL CALL UPON THE LORD, WHO IS WORTHY TO BE PRAISED; SO SHALL I BE SAVED FROM MY ENEMIES. [PSALM 18:3]

I will call upon the Lord. He is worthy of praise. In times of trouble and danger He delivers me. My confidence is in God at all times.

3

THE GRASS WITHERS, THE FLOWER FADES, BUT THE WORD OF OUR GOD STANDS FOREVER. [ISAIAH 40:8]

The Word is unchanging. The Word of God is my wisdom, assurance and salvation.

4

FEAR NOT, FOR I AM WITH YOU; BE NOT DISMAYED, FOR I AM YOUR GOD. I WILL STRENGTHEN YOU, YES, I WILL HELP YOU, I WILL UPHOLD YOU WITH MY RIGHTEOUS RIGHT HAND. [ISAIAH 41:10

There is nothing to fear. I overcome fear with faith. In God is my trust. God helps me and upholds me with His mighty hand.

5

BUT I WILL SING OF YOUR POWER; YES, I WILL SING ALOUD OF YOUR MERCY IN THE MORNING; FOR YOU HAVE BEEN MY DEFENSE AND REFUGE IN THE DAY OF MY TROUBLE. [PSALM 59:16]

My heart is filled with Songs of Praise. God gives me songs of deliverance. He delivers me from all troubles.

6

FOR THE LORD YOUR GOD IS HE WHO GOES WITH YOU, TO FIGHT FOR YOU AGAINST YOUR ENEMIES, TO SAVE YOU. [DEUTERONOMY 20:4]

God is with me and for me. He fights all my battles and gives me the victory.

MEDITATION AND DECLARATION OF FAITH

7

AND MOSES SAID TO THE PEOPLE, "DO NOT BE AFRAID. STAND STILL, AND SEE THE SALVATION OF THE LORD, WHICH HE WILL ACCOMPLISH FOR YOU TODAY. FOR THE EGYPTIANS WHOM YOU SEE TODAY, YOU SHALL SEE AGAIN NO MORE FOREVER. THE LORD WILL FIGHT FOR YOU, AND YOU SHALL HOLD YOUR PEACE. [EXODUS 14:14-15]

I am not afraid. My mind stays on the promises of God. I stand firm in faith and I prevail through the Word. God is my deliverer. He always makes a way for me.

8

THE LORD IS MY STRENGTH AND SONG, AND HE HAS BECOME MY SALVATION; HE IS MY GOD, AND I WILL PRAISE HIM; MY FATHER'S GOD, AND I WILL EXALT HIM. [EXODUS 15:2]

God is my defence. My heart trusts in Him and He helps me. He is my hope and salvation.

9

PUT ON THE WHOLE ARMOR OF GOD, THAT YOU MAY BE ABLE TO STAND AGAINST THE WILES OF THE DEVIL. [EPHESIANS 6:11]

The Word of God is my armour and shield. I stand firm in faith. God will never let me fall.

10

THEN THEY CRIED OUT TO THE LORD IN THEIR TROUBLE, AND HE SAVED THEM OUT OF THEIR DISTRESSES. [PSALM 107:19]

When I call to the Lord He hears and saves me from distress.

11

HE SENT HIS WORD AND HEALED THEM, AND DELIVERED THEM FROM THEIR DESTRUCTIONS. [PSALM 107:20]

God leads me to the place of safety from all destructions through His Word

12

STRENGTH AND HONOR ARE HER CLOTHING; SHE SHALL REJOICE IN TIME TO COME. [PROVERBS 31:25]

God has given me wisdom for a successful life in the Bible. My life is beautiful. My future is wonderful and secure in God.

13

BE ANGRY, AND DO NOT SIN: DO NOT LET THE SUN GO DOWN ON YOUR WRATH. [EPHESIANS 4:26]

When I am angry I channel anger in a Godly manner. I handle anger quickly to avoid leading to sin. I do not let anger settle in me un resolved.

14

BUT NOW YOU YOURSELVES ARE TO PUT OFF ALL THESE: ANGER, WRATH, MALICE, BLASPHEMY, FILTHY LANGUAGE OUT OF YOUR MOUTH. [COLOSSIANS 3:8]

I remove myself from anger, insults, blasphemy, hateful and filthy speech. Malicious and obscene talks do not come out of my mouth.

15

WHEN A MAN'S WAYS PLEASE THE LORD, HE MAKES EVEN HIS ENEMIES TO BE AT PEACE WITH HIM. [PROVERBS 16:7]

I have a peaceful character. I live a Godly life. God changes the heart of my enemies to be at peace with me.

16

THESE THINGS I HAVE SPOKEN TO YOU, THAT IN ME YOU MAY HAVE PEACE. IN THE WORLD YOU WILL HAVE TRIBULATION; BUT BE OF GOOD CHEER, I HAVE OVERCOME THE WORLD. [JOHN 16:33]

Jesus Christ has overcome sin, satan and the world. Christ victory gives me assurance of victory. Jesus is my confidence of peace.

17

NOW MAY THE LORD OF PEACE HIMSELF GIVE YOU PEACE ALWAYS IN EVERY WAY. THE LORD BE WITH YOU ALL. [THESSALONIANS 3:16]

The Lord's peace abides with me in every situation. God is the source of my peace and joy.

18

HOWEVER, WHEN HE, THE SPIRIT OF TRUTH, HAS COME, HE WILL GUIDE YOU INTO ALL TRUTH; FOR HE WILL NOT SPEAK ON HIS OWN AUTHORITY, BUT WHATEVER HE HEARS HE WILL SPEAK; AND HE WILL TELL YOU THINGS TO COME. [JOHN 16:13]

The Holy Spirit guides me in all the truth. The Word of God is the truth. The Spirit reveals to me God's plan and guides my path through the Word.

19

AND WE KNOW THAT ALL THINGS WORK TOGETHER FOR GOOD TO THOSE WHO LOVE GOD, TO THOSE WHO ARE THE CALLED ACCORDING TO HIS PURPOSE. [ROMANS 8:28]

God is at work in my circumstances causing all things to work together for good. Nothing can separate me from the love of God.

20

FOR GOD HAS NOT GIVEN US A SPIRIT OF FEAR, BUT OF POWER AND OF LOVE AND OF A SOUND MIND. [2 TIMOTHY 1:7]

Fear is not from God. I don't have a fearful attitude. Instead of fear God has given me a spirit of power, love and self-control. My mind is sound and alert. I meditate on the Word. I am bold and courageous in the promises of God. I am an overcome through Christ! And I walk in boldness knowing who I am in Christ!

21

THEREFORE, IF ANYONE IS IN CHRIST, HE IS A NEW CREATION; OLD THINGS HAVE PASSED AWAY; BEHOLD, ALL THINGS HAVE BECOME NEW. [2 CORINTHIANS 5:17]

I am a new creation. My past is forgiven. I have a new new life. I have a new identity. I am entirely a new person in the image of Christ. Old things have passed away and all things have become new!

22

THEN GOD BLESSED THEM, AND GOD SAID TO THEM, "BE FRUITFUL AND MULTIPLY; FILL THE EARTH AND SUBDUE IT; HAVE DOMINION OVER THE FISH OF THE SEA, OVER THE BIRDS OF THE AIR, AND OVER EVERY LIVING THING THAT MOVES ON THE EARTH. [GENESIS 1:28]

I am already blessed. God's hand of blessing is upon me to reproduce, be fruitful and multiply. Thank you Lord for the authority i have in Christ to exercise dominion over the works of the evil one and live a victorious life. I have authority in Jesus Name to resist the enemy and advance the Kingdom of God in my sphere of influence. I declare No weapon of the enemy shall prosper against me!

23

FOR WE WALK BY FAITH, NOT BY SIGHT. [2 CORINTHIANS 5:7]

I live by faith not by feelings. I believe the Word of God is the final authority.

24

I HAVE BEEN CRUCIFIED WITH CHRIST; IT IS NO LONGER I WHO LIVE, BUT CHRIST LIVES IN ME; AND THE [LIFE] WHICH I NOW LIVE IN THE FLESH I LIVE BY FAITH IN THE SON OF GOD, WHO LOVED ME AND GAVE HIMSELF FOR ME. [GALATIANS 2:20]

I have been crucified with Christ. I die to myself and I live for Christ. I now live the life of Christ by faith in the Word of God.

25

I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME. [PHILIPPPIANS 4:13]

I live triumphantly every day through Christ who gives me strength!

26

NOW WHEN HE HAD SAID THESE THINGS, HE CRIED WITH A LOUD VOICE, "LAZARUS, COME FORTH! [JOHN 11:43]

Jesus Christ is the resurrection and the life. Jesus has plundered the grave. I am set free from the curse of sin, sickness, disease, death and all the bondages of the devil. I am free in Jesus' Name!

27

AND YOU SHALL KNOW THE TRUTH, AND THE TRUTH SHALL MAKE YOU FREE. [JOHN 8:32]

Jesus Christ is my Saviour. Jesus has set me free from sin and satan at the cross. I have eternal life. Christ lives in me. I am rooted in Christ. The Word of God is the truth. I walk daily in freedom by faith in the Word of God. My life is for the glory of God. Hallelujah!

MEDITATION AND DECLARATION OF FAITH

28

FOR ASSUREDLY, I SAY TO YOU, WHOEVER SAYS TO THIS MOUNTAIN, 'BE REMOVED AND BE CAST INTO THE SEA,' AND DOES NOT DOUBT IN HIS HEART, BUT BELIEVES THAT THOSE THINGS HE SAYS WILL BE DONE, HE WILL HAVE WHATEVER HE SAYS. THEREFORE I SAY TO YOU, WHATEVER THINGS YOU ASK WHEN YOU PRAY, BELIEVE THAT YOU RECEIVE THEM, AND YOU WILL HAVE THEM. [MARK 11:23-24]

When I pray I believe I actually receive the answer the moment I pray. And I expect to see the answer to my prayer. I believe the Word. God cannot lie! I hold fast to the promise by renewing my mind with the Word and my confession of faith. The Word of God will produce what it says in my life. Nothing can stop God's will in my life.

29

SO JESUS SAID TO THEM, "BECAUSE OF YOUR UNBELIEF; FOR ASSUREDLY, I SAY TO YOU, IF YOU HAVE FAITH AS A MUSTARD SEED, YOU WILL SAY TO THIS MOUNTAIN, 'MOVE FROM HERE TO THERE,' AND IT WILL MOVE; AND NOTHING WILL BE IMPOSSIBLE FOR YOU. [MATTHEW 17:20]

I have a living faith. I am not a doubter like the wave of the sea that is driven and tossed about by the wind. My faith is firmly rooted in the Word and active to do what the Word says. When I pray I believe and act on the Word. Nothing will be impossible for me.

30

ASK, AND IT WILL BE GIVEN TO YOU; SEEK, AND YOU WILL FIND; KNOCK, AND IT WILL BE OPENED TO YOU. FOR EVERYONE WHO ASKS RECEIVES, AND HE WHO SEEKS FINDS, AND TO HIM WHO KNOCKS IT WILL BE OPENED. [MATTHEW 7:7-8]

I refuse to give up! When I ask in agreement with God's will with the right motive God hears me and answers my Prayer. I stand firm in faith trusting the Lord for wisdom and revelation to keep making progress and to keep flourishing. I keep my focus on you Lord, in Jesus Name.