

SHADE AKINBIYI

HEARING GOD

 7-DAY PRAYER & LISTENING CHALLENGE

"My sheep hear My voice, and I know them, and they follow Me."

John 10:27

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One of the greatest privileges of the Christian life is knowing that God desires a relationship with us. He is not distant or silent. He speaks through His Word, by His Spirit, and through the peace He places within our hearts.

This seven-day challenge is designed to help you slow down, draw near to God, and become more aware of His leading in your daily life.

Each day includes a Scripture reading, a short reflection, a prayer focus, a listening question, and a simple action step. As you work through these pages, remember that hearing God is not about striving—it is about relationship.

Take your time. Be consistent. Stay open to what God may be showing you.

**The closer
you walk with
God, the
more clearly
you will
discern His
leading in
your daily life.**



BE STILL



PSALM 46:10

***"BE STILL, AND KNOW
THAT I AM GOD."***

DAY 1

REFLECTION

Many of us desire God's direction, but we struggle to slow down long enough to receive it. The noise of everyday life can make it difficult to recognize His voice. We often look for dramatic signs while overlooking the quiet moments where God is inviting us into His presence.

Stillness is not inactivity. It is intentionally creating space for God and allowing Him to settle our hearts. Before God reveals direction, He often calls us into deeper trust.

Today, focus less on getting answers and more on being with Him.

Prayer Focus

Lord, quiet my heart before You. Help me set aside distractions and become aware of Your presence today.

Reflection Question

What distractions most often compete for my attention?

Listening Question

Lord, what area of my life do You want me to surrender to You?

Action Step

Spend five uninterrupted minutes in silence before God.

HEARING GOD THROUGH HIS WORD



PSALM 119:105

**"YOUR WORD IS A LAMP
TO MY FEET AND A LIGHT
TO MY PATH."**

DAY 2

REFLECTION

God's Word is the primary way He speaks to His people. Scripture reveals His character, His promises, His wisdom, and His will. The more familiar we become with God's Word, the easier it becomes to recognize His voice.

Sometimes God brings a particular verse to our attention at exactly the right moment. Other times He uses Scripture to correct, encourage, or guide us. Every time we open the Bible, we create an opportunity to hear from Him.

Today, ask God to make His Word personal and alive in your heart.

Prayer Focus

Lord, help me hear Your voice through Your Word today.

Reflection Question

What verse stood out most as I read today?

Listening Question

What truth do You want me to remember today?

Action Step

Write down one verse that speaks to your current situation.

LEARNING TO FOLLOW HIS PEACE



COLOSSIANS 3:15

***"LET THE PEACE OF GOD
RULE IN YOUR HEARTS."***

DAY 3

REFLECTION

God often guides us through the peace of His presence. This peace is not the absence of problems; it is the confidence that God is with us in the middle of them.

When we seek God's direction, fear often creates pressure and confusion. God's peace, however, brings steadiness and clarity. While peace should always be tested against Scripture, it can be an important indicator of God's leading.

Today, pay attention to what is happening in your heart.

Prayer Focus

Lord, teach me to recognize the peace that comes from You.

Reflection Question

Where do I need God's guidance right now?

Listening Question

Do I sense peace, pressure, fear, or faith concerning this situation?

Action Step

Write down one decision you are seeking God's direction about.

ASKING FOR WISDOM



JAMES 1:5

**"IF ANY OF YOU LACKS
WISDOM, LET HIM ASK OF
GOD..."**

DAY 4

REFLECTION

God never asks us to navigate life alone. He delights in giving wisdom to those who seek Him. While we may not always receive immediate answers, God promises to guide those who humbly ask for His help.

Wisdom often comes one step at a time. Rather than revealing the entire journey, God frequently shows us the next faithful step.

Trust grows as we walk in obedience to what He has already revealed.

Prayer Focus

Lord, give me wisdom for the decisions I am facing.

Reflection Question

What decision am I currently seeking wisdom about?

Listening Question

What is my next step of obedience?

Action Step

Pray specifically over one decision today.



FOLLOWING THE HOLY SPIRIT



ROMANS 8:14

**"FOR AS MANY AS ARE
LED BY THE SPIRIT OF
GOD, THESE ARE SONS OF
GOD."**

DAY 5

REFLECTION

The Holy Spirit actively guides God's people. His leading is often gentle rather than forceful. He nudges, convicts, encourages, and directs us according to God's will.

As we spend time with God consistently, we become more sensitive to His promptings. We begin to recognize the difference between His leading and our own emotions or fears.

Hearing God becomes clearer as we learn to walk with Him daily.

Prayer Focus

Lord, make me sensitive to the leading of Your Spirit.

Reflection Question

Have I sensed God prompting me about anything recently?

Listening Question

What gentle nudge have I been ignoring?

Action Step

Write down any impressions or promptings you sense during prayer.

***TRUST WHAT GOD
HAS SHOWN YOU***

Plan



PROVERBS 3:5-6

***"TRUST IN THE LORD WITH
ALL YOUR HEART..."***

DAY 6

REFLECTION

Sometimes the hardest part of hearing God is trusting Him enough to act. We often want complete certainty before moving forward. Yet faith grows when we choose to obey even when we cannot see the whole picture.

God is faithful to direct those who trust Him. Obedience strengthens our confidence in His leading and prepares us for future guidance.

Today, focus on taking the next step rather than understanding every detail.

Prayer Focus

Lord, help me trust Your leading.

Reflection Question

Where have I been waiting for more certainty before obeying?

Listening Question

What step of faith are You asking me to take?

Action Step

Identify one practical step you can take this week.



***WALK FORWARD IN
FAITH***



ISAIAH 30:21

**"YOUR EARS SHALL HEAR
A WORD BEHIND YOU,
SAYING, 'THIS IS THE
WAY, WALK IN IT.'"**

DAY 7

REFLECTION

God's desire is not simply that we hear Him—it is that we follow Him. Hearing and obedience work together. As we continue to walk with God, our confidence in His voice grows.

This week may not have answered every question, but it has helped create a pattern of drawing near to Him. Keep cultivating that habit. Continue reading His Word, spending time in prayer, listening for His guidance, and responding in faith.

The journey of hearing God is not about perfection. It is about relationship.

Prayer Focus

Lord, help me continue walking closely with You.

Reflection Question

What have I learned this week about hearing God?

Listening Question

What do I believe God is inviting me to do next?

Action Step

Write one commitment you will carry forward from this challenge.



Final Encouragement

God is not trying to hide His will from you. He delights in leading His children. As you continue spending time in His presence, renewing your mind with His Word, and responding in obedience to what He reveals, your confidence in recognizing His voice will grow.

Stay close to Him.

Keep listening.

Keep trusting.

Keep following.

Closing Prayer

Father, thank You for Your desire to guide and lead me. Help me continue growing in prayer, sensitivity to Your Spirit, and confidence in Your voice. Teach me to trust You more deeply and follow You more faithfully each day. In Jesus' name, Amen.